

FOOD INTERSECTIONS IN THE AMERICAS

Food is a powerful indicator of the state of society. It reflects the traditions, injustices, transformations, dynamics and values that define the social and cultural life of a group. Understanding food in this context allows us to address issues of sustainability, health, citizenship and culture in a deeper way, promoting a dialog about how we can build a fairer, more inclusive and more conscious society through what we put or don't put on our tables. Thus, paying attention to how we eat and the reasons for it is, at the same time, looking at the essence of our collective humanity.

In this editorial, we invite our readers to take a journey through the tastes, traditions and habits that feed and integrate the social dynamics and challenges of communities in the Americas.

In the article entitled "Peanut soup with manaos: food and migration trajectories in productive private and public spaces", the author Nuria Caimmi presents an analysis of food-related processes involving the production of fresh produce in Argentina, based on the study of kitchens in domestic production units and in public spaces, specifically community kitchens, from a perspective centered on Bolivian migratory history.

Pedro Felipe Miranda Badaró and the authors of the manuscript entitled "Association factors of the covid-19 pandemic in the commensality process of students from a public university in Bahia" analyze the factors associated with changes in commensality among university students during the Covid-19 pandemic.

The manuscript by Yasmim Mascarenhas and Denize de Almeida Ribeiro entitled "Food of the gods as a therapeutic practice: going beyond nutritional and biological values" presents the results of the project entitled "Food and Therapeutic Practices in Traditional Communities of the Recôncavo da Bahia" which aimed to learn about food and therapeutic practices in candomblé terreiros and the importance of food in terms of physical and spiritual well-being.

In the article entitled "Family farming and adequate and healthy diet intertwined in the brazilian semiarid region: meanings and practices", Janaína Braga

de Paiva and the authors analyze the agri-food practices of family farmers in the semi-arid region of Bahia, Brazil.

Letícia Pereira Dias and the authors' article entitled "Food insecurity of the food delivery drivers of Governador Valadares in Minas Gerais, Brazil" deals with the food and nutritional insecurity of food delivery app delivery workers in the municipality of Governador Valadares in the state of Minas Gerais/Brazil.

Finally, in the essay entitled "Farmers' markets: relevance for achieving healthy, solidary, and sustainable food systems", authors Santiago Revelo Tobar and Gustavo Cediel explore the role of peasant markets in promoting healthy, solidarity-based, and sustainable food systems as an alternative to the challenges posed by globalization and the food crisis."

In this issue, Raca invites readers to explore the intersection of food, nutrition, commensality, spirituality, and sustainability across the Americas, encouraging deeper reflection on the social and cultural dimensions embodied in our culinary traditions.

We wish you an insightful read!

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