

In commemoration of ten years of the Food, Nutrition and Culture Program (PALIN) of Fiocruz Brasília, the Journal of Food and Culture of the Americas (RACA) publishes, in this edition, interdisciplinary essays and articles by several authors who participate in research projects with PALIN in the field of food, health, culture and society in Brazil and Mozambique.

In this commemorative edition, the editors aimed to publish scientific productions that affirm this program as an instrument for promoting citizen science on the various dimensions and plural and interdisciplinary meanings of human nutrition. In order to do so, we invited researchers who developed research in the field to submit essays and articles for to take part in this issue.

The edition begins with the text “Recipe for farofa or What is it for, papa?” to commemorate PALIN's choice for interdisciplinary productions from various national and international affiliations. In the text the meanings of “farofa”, dish of ancestral tradition of the original peoples and of African matrix to reflect the civilizing principles, of circularity, ancestry, continuity, Êsù, movement, strength and patience.

Among the published works, the article "The challenges of land ownership for the food heritage of quilombos in Goiás" presents the results of ethnographic research on the importance of food heritage of the quilombola communities of the Cerrado in the State of Goiás for the maintenance of biodiversity through their traditional knowledge communities in promoting resilient and sustainable food systems for the planet. The article “The gift as a concept of socialization of Olubaje do Candomblé in RIDE-DF, presents results of field research on the celebration of Olubajé from an experience lived in a Candomblé in the Integrated Development Region of the Federal District and Surroundings – Ride-DF, based on the concept of gift of this party by the anthropologist Marcel Mauss that reveals food choices and the ritual acts as a communal gift without selfish intentions.

The article “The meanings of food and nutrition care for the elderly in long-stay institutions for the elderly in the Federal District, Brazil” describes the senses and meanings through the realization of a hermeneutic-dialectical approach, attributed to the care of the elderly person in the pandemic moment of COVID-19. The article

“Satisfaction of body weight compared to the perception of body image and BMI” brings results on the perception and satisfaction of body image of 235 workers from a research and teaching institution in Brasília/DF, of heterogeneity and distortion of images about patterns of the Body Mass Index. The article “Child malnutrition and its immediate, underlying and basic determinants in Mozambique: a temporal analysis from 1997 to 2015”, presents research carried out in Mozambique with children under 5 years of age and its associated factors. According to this article, since 1997, malnutrition has remained an important public health problem in Mozambique with regional differences and by housing area in which emergency and structural social policies are necessary.

In this edition, two articles sent by the continuous flow of the journal were published. The first article “The food and the eat in São Salvador 19th century: for a food historiography of Bahia”, which presents food and eating in the city of São Salvador according to descriptions and observations of travelers about the daily diet of citizens in 1800, considered essential for the construction of the sociocultural aspects of food in Bahian culture. The second article “Approximation to the analysis of food and nutrition from the perspective of real food,” presents the influence of industrialization that has offered ultra-processed products and that has determined negative social, cultural, economic and environmental implications and has led to distancing between humans and food.

Essays involving public policies are also published. “Ultra-processed foods and their risks to food culture and health”, highlights how the replacement of traditional diets by ultra-processed foods has determined negative impacts on health, food safety and the environment and that to overcome this situation it is necessary to strengthen the local food culture.

“Food and Nutritional Security in Brazil: yesterday, today and tomorrow” brings reflection on food and nutrition policies in Brazil since 1930 and highlights the political mishaps experienced by the country until it was consolidated in 2006, and regulated only in 2010 as a social right and analyzes the directions and advances of food and nutrition security in Brazil. The essay with the theme “Food Systems, cooking, eating

and culture” was published and addresses the importance of understanding contemporary food systems.

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